Summary: NOSORH Health Equity Learning Community – Session 3
Get in Relationship with People and Places Experiencing Inequities

Thursday, April 6, 2023; 2:00-3:30pm ET
Slides: 4.6.23 Health Equity Learning Community - Session 3.pdf

Session Learning Objectives:

1. Come together as a community to advance rural health equity.
2. Build a common understanding of core population health concepts and terms in a rural context.
3. Identify ways to get in relationship with those who might be experiencing health inequities and begin to create change.

Time (ET)	Agenda Item
2:00-2:05 pm	**Welcome / Check-in**
2:05-2:35pm	**Reflections & Breakouts** Self-assessed using compass assessment questions (See slides 6-7) In breakouts: • Who has started to develop their health equity team? • What are the top reasons you see for developing a health equity team? Key Takeaways: • Helps to have more than one person designated as the "minority health person" and to have multiple individuals to integrate learnings and relationships with partners you are trying to reach. • Health equity team or division can support and collaborate with communities in need and serve as a hub for access to services. • Need to figure out how to integrate health equity into all aspects of work. • Health equity work requires continuous improvement.
2:35-3:00pm	**Deep Dive: Get in relationship with people and places experiencing inequities** **Resource:** Equity Team Engagement Plan Summary Notes: Reviewed process for risk stratifying your population by people and places • Option 1 (simpler)

	o Well-being of people:
	    ▪ Cantril's ladder (self-reported well-being)
	        • simple tool for use with community members
	        • use to identify proportion of the population that is thriving, struggling or suffering
	        • data can be stratified by age, sex, race, etc.
	    ▪ Medically or socially at risk
	o Well-being of places
	    ▪ Social Vulnerability Index or Area deprivation index
	    ▪ Child poverty
	o Equity - Race, Education, etc.
	
	• Questions to consider:
	    o Who isn't thriving?
	    o What would it take for that to change?
	    o Responses shared:
	        ▪ At-risk populations
	            • Unhoused
	            • Elderly
	            • Individuals with disabilities or mobility issues
	            • Children
	            • Individuals facing multiple barriers or challenges.
	        ▪ Need to consider intersectionality and the multiplier-effect of factors such as physical, mental, social, racial, income, distance, language, culture and/or more.
	
	• Next steps after identifying who is at risk of not thriving:
	    o Get proximate using design thinking
	    o Engage community residents on your health equity team
	    o Ask the Five Why's and use tools like 7 Stories to map the system and create the conditions for longer term change

G	**Community to Community** Breakouts: • *Where are you now in identifying people experiencing inequities?* • *How would you identify who is experiencing health inequities?* • *Once identified, how would you reach out and begin to develop a relationship with them?* • *What is an area you could use help from others?* Key Takeaways: • The power of collaboration, partnerships, learning from others and sharing ideas

	• We need to do a better job communicating and collaborating across departments. • Leverage existing data to identify inequities to address - Reach out to CBOs, health systems, FQHCs, rural health clinics, universities or health departments to get data in order to identify populations that are struggling and community health needs. • Survey patients on social determinants of health or conduct a statewide community health needs assessment. • Use social media to share information about where to go for help. • Work with faith-based groups.

3:15 – 3:30pm	**Appreciative reflections, and next steps**
	• Next steps:
	  ○ Review P2PHE Roadmap and
	  ○ Work on using your data to understand who and where people aren't thriving. What equity factors are represented?
	  ○ Use Equity Team Engagement Plan to get in relationship
	• Next session:
	  ○ Thursday, May 11, 2023; 2:00-3:30pm ET
	  ○ Topic: Developing a balanced strategy