

## SORH BUDGET PLANNING

Effective January 2023

The information in this document supports budget development for the State Office of Rural Health (SORH) grant, Small Hospital Improvement Program (SHIP) grant, Medicare Rural Hospital Flexibility Program (Flex) grant, and other grant applications. The list below is organized by budget justification category for ease of use and includes a wide range of possibilities, plus a few new options for consideration.

Specific information on costs to your SORH is available, as well as the ability to combine several services into one invoice for various NOSORH services in addition to membership dues. Contact Kayren Cross, Controller, at [kayrenc@nosorh.org](mailto:kayrenc@nosorh.org) for assistance.

For assistance with grant applications, including an “outside” read of your early draft applications, please contact Tonne McCoy, Technical Assistance Director, at [tonnem@nosorh.org](mailto:tonnem@nosorh.org).

### TRAVEL:

**FORHP and NOSORH-hosted 2023 REGIONAL MEETINGS will be held in person (subject to change).** 2023 tentative locations and dates are listed below. No registration fees for regional meetings. Per Diem rates are standard GSA unless the town is noted.

National Rural EMS & Care Conference: Virtual, April 18-20, 2023 (est. SORH registration \$175)  
Region A: Charleston, WV, June 20-22, 2023 – Estimated Per Diem rates: Lodging \$109; meals \$64  
Region B: Montgomery, AL, May 2-4, 2023 – Estimated Per Diem rates: lodging \$98; meals \$59  
Region C: Springfield, IL, July 25-27, 2023 – Estimated Per Diem rates: lodging \$98; meals \$59  
Region D: Flagstaff, AZ, June 7-9, 2023 – Estimated Per Diem rates; lodging \$138; meals \$74  
Region E: Laramie, WY, July 11-13, 2023 – Estimated Per Diem rates: lodging \$189; meals \$59  
(Hotel not offered at GSA rate)

### NARHC 2023

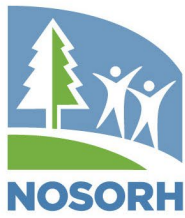
#### [NARHC 2023 Spring Institute](#)

March 20 – 22, 2023, in San Antonio, TX  
Hyatt Regency San Antonio Riverwalk

### NRHA 2023

#### [34th Rural Health Policy Institute](#)

Feb. 7 – 9, 2023, in Washington, D.C.  
Hilton Washington D.C. National Mall



[46th Annual Rural Health Conference](#)

May 16 – 19, 2023, in San Diego, CA  
Sheraton San Diego Hotel & Marina

[8th Rural Hospital Innovation Summit](#)

May 16 – 19, 2023, in San Diego, CA  
Sheraton San Diego Hotel & Marina

[21st Rural Health Clinic Conference](#)

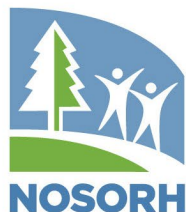
Sept. 26 – 27, 2023, in Kansas City, MO  
Sheraton Kansas City Hotel at Crown Center

[22nd Critical Access Hospital Conference](#)

Sept. 27 – 29, 2023, in Kansas City, MO  
Sheraton Kansas City Hotel at Crown Center

## CONTRACTUAL:

- **Workshops**
  - **\$7,500** plus travel for **onsite one-and-a-half-day grant writing workshop** for your state which includes NOSORH instructors, all materials, and support for registration and publicity activities, as needed by the individual SORH.
  - **\$4,500** plus travel (in person) / **\$3,000** (virtual) for a tailored **one-day, on-site workshop** provided by the appropriate NOSORH Team Member. Each one-day agenda is customized to the needs of the SORH, partner groups and/or provider group attending the event.
- **SORH Proficiencies-based Capacity Building and Evaluation Planning**
  - **\$1,500** (*plus actual travel costs*) for a customized and facilitated four-hour virtual or in-person session for the Core and Topical Proficiencies self-assessment with individual SORH. This session will assist SORH in developing a consensus score on the SORH Proficiencies self-assessments, providing SORH with a data report for comparison to existing state and regional benchmarks.
  - **\$3,000** (*plus actual travel costs*) for a customized 1-day virtual or in-person SORH Strategy session to determine team strengths and challenges, flexibility for adopting new programs, and assess readiness for engaging new opportunities with rural partners. Built upon the SORH Proficiencies framework, this session will analyze results of the individual self-assessment response, identify self-directed goals, and develop a plan for technical assistance and staff development. SORH Proficiencies self-assessments must be completed prior to participation.
  - **\$3,000** (*plus actual travel costs*) for a customized 1-day virtual or in-person facilitated SORH Evaluation Planning session to review and assess the office evaluation plan across the SORH, Flex, SHIP and/or PCO programs. This session will provide SORH with the framework to integrate the evaluation of their office programs and streamline data collection, analysis, and communication.
- **NEW OFFERING – Statewide Rural Health Strategy Development**
  - **\$4,500** (*plus actual travel costs*) for NOSORH staff to support the development of a framework that provides the SORH with a blueprint to completing a statewide Rural Health Strategy (RHS). An RHS will identify goals, objectives, and measures of success for achieving the vision of the SORH.
  - **\$10,000** (*plus actual travel costs*) for NOSORH staff to facilitate and create a statewide Rural Health Strategy (RHS), including targeted goals, objectives, and measures of



success. The RHS will be based on facilitated discussions with SORH staff and include an implementation strategy for achieving success.

- **Tiered Technical Assistance**
  - **\$7,500, \$10,000, or \$15,000** per participating SORH participating in the **Tiered Technical Assistance Program**. Subscription pricing is based on the Tier selected. Tier 1 - \$7,500; Tier 2 - \$10,000 and Tier 3 - \$15,000. Please see the [Tiered Technical Assistance Program overview page](#) on the NOSORH website for additional information.
  - **\$1,500 Primary Care Data Add-on** to selected *Tiered Technical Assistance* subscription. Determination of basic data opportunities related to rural primary care work and incorporated to enhance TA work. This add-on will explore basic data management resource needs and next steps.

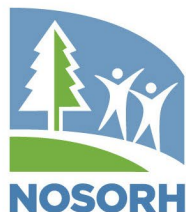
## OTHER:

### NOSORH Membership Dues:

- **\$1,575** - NOSORH membership provides the office with opportunities for training and learning on rural health topics, funding for special projects, coordination with other SORH, resources to disseminate information regarding SORH activities and monthly webinars on topics of key interest and concern for rural communities and the SORH.

### Registration Fees:

- **\$500** (estimate) registration fees for SORH staff to attend the **NOSORH Annual Meeting**, a required meeting.
- **\$375** registration fee for SORH or EMS leaders to attend the **National Rural EMS & Care Conference**.
- **\$750** for **Data Institute** conducted by NOSORH. Training provided via a series of webinars to establish a standard for data use and establish a minimum skill set for data use for SORHs. The Data Institute will educate SORHs on the data available, how to find it and how to use it. Appropriate for SORH staff.
- **\$750** for online rural health grant writing education through the **Grant Writing Institute** conducted by NOSORH. Training provided via a series of 9 webinars on all aspects of rural health grant writing including documentation of need, grant budget preparation, development of evaluations, work plans and identifying sources of grant funds. Appropriate for SORH staff and rural health partners such as RHCs, CAHs, Free Clinics and FQHC staff.
- **\$500** for **“Beyond the Basics” Grant Writing Institute**, a recorded, on-demand 4-part online advanced rural health grant writing education series conducted by NOSORH. The series is designed to outline strategies to enhance communication, efficiency, accountability, and effectiveness for grant seeking and management efforts. Appropriate for SORH staff and rural health partners such as RHCs, CAHs, Free Clinics and FQHC staff.
- **\$1,000** for the **Rural Health Clinic Institute**. This institute is designed for SORH interested in building their knowledge base and capacity to provide expert technical assistance to their RHCs. Topics covered include but are not limited to historical review of the program, conditions of participation, compliance, emergency preparedness, integration of service lines, on-going training, scholarship, and focusing on value-added activities TA the SORH, specifically, can provide. This webinar series is offered as an Institute to earn a certificate or



on-demand by module (\$150 per module).

- **\$1,000** for the **Rural Health Leadership Institute**. This interactive Institute is designed to grow engaged, equipped, and resilient leaders and to provide rural focused professional development to current and future leaders and managers working in the rural health environment. The Institute will incorporate grant and project management activities. This live webinar series is geared toward SORH staff, providers of rural health services, and other rural partner groups. The Institute will explore skills, characteristics, and knowledge essential for successful leadership and management skills.
- **\$500** for the **Community Development Basics** course. This foundational 4-session web-based introduction includes what community development is (and isn't), process strategies including accessing capital, grant and project management, roles, community collaboration frameworks, and working across different potential collaborative partners including but not limited to EMS and other healthcare providers, transportation, local government, education, and faith-based communities. The course will be framed for SORH and rural health partner group success and lays the foundation for future community development work.

#### Data Management Tools:

- **\$2,500** for access to the **TruServe basic** performance measures tracking tool to allow capture of impact of SORH and other activities. Up to 10 customizable modules (**\$1,000 each**), including but not limited to mapping capabilities, all orientation, support, and full features of this easy-to-use online tracking tool.
- **\$5,000** for access to the **TruServe enhanced** performance measures tracking tool to allow capture of impact of SORH and other activities. Unlimited customized measures, mapping capabilities, all orientation, support, and full features of this easy-to-use on-line tracking tool.
- **Onsite training** for an unlimited number of users for the TruServe performance measures tracking tool. Contact Mark Barclay ([mark.barclay@und.edu](mailto:mark.barclay@und.edu)) for pricing and additional information.

#### NARHC Certified Rural Health Clinic Professional (CRHCP) Course:

- **NARHC Member = \$450, Non-Member = \$600** for access to the CRHCP Course, designed to educate participants on the operations, rules, and regulations to manage a successful rural health clinic. This highly sought after, full-spectrum course is offered to Directors, Consultants, Clinic Administrators & other RHC leaders. Visit [NARHC's Academy website](#) for more information.

Your input on needed services is always welcome. Thank you for your time and consideration.

***For questions, additional information, or assistance, please contact:***

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