



All it takes is a few steps to start a positive movement.

1.

Go to www.Powerofrural.org and click on the Walk with a Doc feature

Complete the form to register your hospital or health clinic for a FREE NRHD Walk with a Doc event.

2.

Once registered, you will receive a link to download easy-to-use promotional tools.

Invite patients and community members to participate.

3.

Set a time on 11/16/17, get the word out, and have a blast!

Use this event as an opportunity to promote #powerofrural and the positive efforts of your organization. Take and post pictures on social media.

As an honorary Walk with a Doc chapter for NRHD 2017, rural hospitals and health clinics can take advantage of a special discount offer to keep their communities on the path to wellness by becoming an annual Walk with a Doc chapter.

Learn more about Walk with a Doc and their mission, visit walkwithadoc.org.

