

# Substance Abuse Services in Kennebec & Somerset Counties

Resource Guide Provided by MaineGeneral Harm Reduction Program

## Family, Individual and Group Counseling

AAA Steppingstone LLC	(Waterville)	(207) 649-1762
Aardwolf Counseling LLC	(Waterville)	(207) 696-4225
Cornerstone Behavioral Healthcare	(Waterville)	(207) 680-2065 <a href="http://www.cornerstonebhc.com">www.cornerstonebhc.com</a>
Crisis & Counseling Centers	(Skowhegan)	(207) 626-3448 <a href="http://www.crisisandcounseling.org">www.crisisandcounseling.org</a>
David Lawrence, MS, LADC, CCS	(Augusta)	(207) 838-0146
Discovery House	(Waterville)	(207) 872-7272 <a href="http://www.discoveryhouse.com">www.discoveryhouse.com</a>
Family Medicine Institute	(Augusta)	(207) 626-1561 <a href="http://www.mainegeneral.org/FMI">www.mainegeneral.org/FMI</a>
Gail Ferry, LCSW	(Augusta)	(207) 620-8495
Jeff Bickford, LCPC, LADC	(Augusta)	(207) 626-3373
Kennebec Behavioral Health	(Augusta, Winthrop, Waterville, Skowhegan)	1-888-322-2136 <a href="http://www.kbhmaine.org">www.kbhmaine.org</a>
Lori Green-Stade, LCPC, LADC	(Augusta)	(207) 838-0146
Maine Behavioral Health Organization	(Augusta)	(207) 474-3244 <a href="http://www.mainebehavioralhealth.org">www.mainebehavioralhealth.org</a>
Maine Dartmouth Family Practice	(Waterville)	(207) 861-5000
MaineGeneral Mental Health & Substance Abuse Services	(Augusta, Waterville)	1-877-777-9393 <a href="http://www.mainegeneral.org/BHS">www.mainegeneral.org/BHS</a>
Maine Migrant Health Program	(Augusta)	(207) 622-9252
Scott Leblanc, LADC	(Skowhegan)	(207) 399-3286
Tina Roy, LADC	(Waterville)	(207) 314-7544
VA Maine Healthcare System	(Augusta)	1-877-421-8263 <a href="http://www.maine.va.gov">www.maine.va.gov</a>

## Intensive Outpatient Programs (IOP)

Crisis & Counseling Centers	(Augusta)	(207) 626-3448 <a href="http://www.crisisandcounseling.org">www.crisisandcounseling.org</a>
MaineGeneral Mental Health & Substance Abuse Services	(Augusta, Waterville)	1-877-777-9393 <a href="http://www.mainegeneral.org/BHS">www.mainegeneral.org/BHS</a>
VA Maine Healthcare System	(Augusta)	1-877-421-8263 <a href="http://www.maine.va.gov">www.maine.va.gov</a>

## Medication Assisted Treatment (methadone/suboxone)

Discovery House	(Waterville)	(207) 872-7272 <a href="http://www.discoveryhouse.com">www.discoveryhouse.com</a>
Crisis & Counseling Centers	(Augusta)	(207) 626-3448 <a href="http://www.crisisandcounseling.org">www.crisisandcounseling.org</a>
Family Medicine Institute	(Augusta)	(207) 626-1561 <a href="http://www.maine-general.org/FMI">www.maine-general.org/FMI</a>
Jennifer McConnell, MD	(Winthrop)	(207) 620-4449
Maine Behavioral Health Organization	(Augusta, Skowhegan)	(207) 474-3244 <a href="http://www.mainebehavioralhealth.org">www.mainebehavioralhealth.org</a>
MaineGeneral Medical Center Opiate Treatment Clinic	(Waterville)	1-877-777-9393
MaineGeneral Psychiatry	(Augusta)	(207) 624-4800
Maine Recovery Center	(Augusta, Waterville)	(207) 213-4256 <a href="http://www.mainerecovery.guru">www.mainerecovery.guru</a>

## Residential Treatment Centers

Adult & Teen Challenge New England Adult Males	(Waterville)	(207) 872-7272 <a href="http://www.discoveryhouse.com">www.discoveryhouse.com</a>
Crisis & Counseling Centers	(Augusta)	(207) 626-3448 <a href="http://www.crisisandcounseling.org">www.crisisandcounseling.org</a>
Family Violence Project Somerset House	(Augusta, Waterville)	1-877-890-7788 <a href="http://www.familyviolenceproject.org">www.familyviolenceproject.org</a>
MaineGeneral Mental Health & Substance Abuse Services	(Augusta, Sidney)	1-877-777-9393 <a href="http://www.maine-general.org/BHS">www.maine-general.org/BHS</a>
Treetop Women's Recovery House	(Oakland)	(207) 458-2234 <a href="http://www.treetopwomensrecoveryhouse.com">www.treetopwomensrecoveryhouse.com</a>

## Self-help and Support Programs

Catholic Charities Maine	(Waterville, Augusta)	(207) 453-4368 <a href="http://www.ccmaine.org">www.ccmaine.org</a>
Linc Wellness & Recovery Center	(Augusta)	(207) 622-5736 <a href="http://www.mocomaine.com/linc-wellness-recovery-center/">www.mocomaine.com/linc-wellness-recovery-center/</a>
Maine Mothers Network	(State-wide)	(207) 314-8866
Maine Alliance for Addiction Recovery	(Augusta)	(207) 621-4111 <a href="http://www.masap.org">www.masap.org</a>
Narcotics Anonymous	(Portland)	1-800-974-0062 <a href="http://www.namaine.org">www.namaine.org</a>
Portland Recovery Community Center Telephone support service	(Portland)	(207) 553-2575 <a href="http://www.portlandrecovery.org">www.portlandrecovery.org</a>
SMART Recovery Group	(Augusta)	(207) 458-4366
The Opportunity Alliance — The Women's Project	(Portland)	1-800-611-1588
Waterville Social Club	(Waterville)	(207) 873-1027 <a href="http://www.mocomaine.com/linc-wellness-recovery-center/">www.mocomaine.com/linc-wellness-recovery-center/</a>