

We care about you.

Emergency Responders use a drug called Naloxone to reverse opioid overdose.

Naloxone saves lives, but it may wear off in as little as 20 minutes. This puts you at risk of overdose again.

We encourage you to go to the hospital for medical care.

If you choose not to go to the hospital, we still want to help.

MaineGeneral Harm Reduction
can answer non-emergency questions
M-F, 8 a.m. - 4:30 p.m. Call 621-3770.

MaineGeneral
Community Care

www.maine-general.org



Resources

Your primary care provider

Don't have one? Call 872-4102.

MaineGeneral Intensive Outpatient Program

Toll-free access line: 877-777-9393

Maine Alliance for Addiction Recovery

Peer coaching & telephone
recovery support at 621-4111.

Discovery House

Outpatient services located in
Waterville at 872-7272.

Crisis & Counseling

Crisis hotline: 1-888-568-1112
Outpatient services located in
Augusta & Skowhegan at 626-3448.