Working with SAMHSA

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National Organization of State Offices of Rural Health
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SAMHSA’s Vision

America is a nation that understands and acts on the knowledge that

- Behavioral health is essential to health
- Prevention works
- Treatment is effective
- People recover
SAMHSA’s Centers

- **Center for Substance Abuse Treatment (CSAT)** improves and strengthens substance abuse treatment organizations and systems.
- **Center for Substance Abuse Prevention (CSAP)** works to prevent the onset of illegal drug use, prescription drug misuse and abuse, alcohol misuse and abuse, and underage alcohol and tobacco use.
- **Center for Mental Health Services (CMHS)** strengthens mental health systems by helping states improve and increase the quality and range of their treatment, rehabilitation, and support for recovery.
- **Center for Behavioral Health and Statistics and Quality (CBHSQ)** Promotes research in behavioral health data systems and designs and carries out special data collection to examine issues for SAMHSA and other federal agencies.
Strategic Initiatives 2015 – 2018

Leading Change 2.0

1. Prevention of Substance Abuse and Mental Illness
2. Health Care and Health Systems Integration
3. Trauma and Justice
4. Recovery Support
5. Health Information Technology
6. Workforce Development
SAMHSA Block Grants to States
SA & MH Authorities

- **Substance Abuse Prevention Block Grant (SABG)** — Used to plan, implement, and evaluate activities to prevent and treat substance abuse and promote public health

- **Community Mental Health Service Block Grant (MHBG)** — Used to provide comprehensive, community-based mental health services to adults with serious mental illness and children with serious emotional disturbances and to monitor progress in implementing a comprehensive, community-based mental health system
Programs for Assistance in Transition from Homelessness (PATH)

- Formula grant, the first major federal legislative response to homelessness
- Distributed annually to all states and territories
- Supports more than 600 organizations that provide screening & diagnostic treatment, community mental health, substance use treatment & case management service
The PAIMI Program protects the rights of adults with serious mental illness & co-occurring disorders, & children or youth with serious emotional disturbance in the community as well as in treatment facilities.

Governor-designated protection and advocacy systems in each state & territory receive SAMHSA funds to support protection & advocacy services.
SAMHSA Programs: Drug-Free Communities (DFC)

The **Drug-Free Communities Support Program** is designed to:

- Establish & strengthen collaboration at all levels to support efforts of community coalitions working to prevent & reduce substance abuse among youth
- Reduce substance use by addressing the factors in a community that increase the risk of substance abuse while promoting factors that minimize the risk
The **Office of Behavioral Health Equity** (OBHE) works to reduce mental health and substance use disparities and improve access to quality care by:

- Creating a strategic focus on racial, ethnic and LIGBT populations
- Using a data-informed quality improvement approach to address racial and ethnic disparities
- Promoting BH equity at the national level
- Implementing innovative, cost-effective training strategies to a diverse workforce
The National Child Traumatic Stress Initiative (NCTSI) improves treatment & services for children, adolescents & families who have experienced traumatic events by developing:

- Evidence-based interventions
- Collaborations with systems of care
- Education & Training approaches
- Data collection & evaluation activities
Too Smart to Start helps prevent underage alcohol use by offering strategies & materials for youth, teens, families, educators, community leaders, professionals & volunteers by offering:

- Resources to help educate youth about alcohol use
- Support to efforts of parents & caregivers to prevent alcohol use
- Fact about alcohol for youth
SAMHSA Programs: Community Conversations

The Community Conversations About Mental Health Toolkit provides information on holding a community dialogue to build awareness & support around mental health issues, including:

- A framework for holding a one-day community dialogue
- An information brief with data and other facts about promoting mental health
- Information on mental health nationwide, crisis response & support for treatment & recovery
Faith-based & Community Initiatives (FBCI) is a model for creating effective partnerships between federal programs & faith-based & community organizations.

- SAMHSA’s Community Substance Abuse Prevention Partnership Program includes more than 800 faith-based partners among its grantees
- Block & formula grant program funds are available
- SAMHSA-supported training programs and curricula help create integrated, sustainable collaborations at the local level nationwide.
SAMHSA sponsors events to highlight the need for education, awareness & training regarding behavioral health issues.

National Prevention week is an annual health observance dedicated to increasing public awareness of, and action around, mental and/or substance use disorders.

National Children's Mental Health Awareness Day seeks to raise awareness about the importance of children's mental health and that positive mental health is essential to a child's development from birth.
A national center that promotes the development of integrated primary & BH services, including:

- Providing clinical practice tools and resources to integrate services
- Reviewing evidence-based approaches to clinical practice
- Implementing programs & activities
- Offers webinars & resources

Visit samhsa.gov/cihs
Technical Assistance Centers

**Bringing Recovery Support to Scale Technical Assistance Center (BRSS TACS)** promotes the adoption of recovery-oriented supports, services & systems for people in recovery from substance use and/or mental health conditions.

**Now is the Time Technical Assistance Center** provides assists states, communities, and local education agencies funder under the Now Is The Time Initiative.

**Service Members, Veterans, and their Families Technical Assistance (SMVF TA) Center** works with states & territories to strengthen their behavior health systems for service members, veterans & their families.
SAMHSA Data

SAMHSA has prioritized data, outcomes & quality; data helps SAMHSA & the nation assess the impact of the changes to US healthcare systems & identify & address BH disparities. SAMHSA’s data sets are:

- Population Data/NSDUH
- Client Level Data/TEDS
- Substance Abuse Facilities Data/NSSATS
- Mental Health Facilities Data/NMHSS
- Emergency Department Data
Additional SAMHSA Resources

- www.samhsa.gov
- www.suicidepreventionlifeline.org
- www.samhsa.gov/treatment
- www.disasterdistress.gov
- www.mentalhealth.gov
- www.findtreatment.samhsa.gov
Thank You! Questions?

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