

# Rural Health Learning Collaborative



**QIN QIOS BUILDING DIABETES  
SELF-MANAGEMENT PROGRAM  
CAPACITY IN RURAL COMMUNITIES**

**APRIL 25, 2016**

# Collaborative Highlights



- The National Organization of State Offices of Rural Health is providing support for the Learning Collaborative webinars.
- The Federal Office of Rural Health Policy is the primary financial sponsor of the webinars.
- The continued goal: Sharing of good ideas and programs among participants

# Who to Contact for more Information?



- Chris Salyers, Education and Services Director, National Organization of State Offices of Rural Health, [chris.salyers@nosorh.org](mailto:chris.salyers@nosorh.org)
- Kathryn Umali, Federal Office of Rural Health Policy, [KUmali@hrsa.gov](mailto:KUmali@hrsa.gov)
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- Kate Perkins, MCD Public Health [kperkins@mcdph.org](mailto:kperkins@mcdph.org)

# Session Objectives



- Describe the diabetes related work of QIN QIOs.
- List a strategy for engaging the community in a diabetes self management program.
- Identify how you may partner with your local QIO to improve health outcomes in your community.

# Karen Ten Cate, MA, RD, CDE



Karen Ten Cate is currently a Diabetes Education Specialist serving as Subject Matter Expert for Everyone with Diabetes Counts, the diabetes disparities task, under the CMS-funded Quality Innovation Network-National Coordinating Center.

Karen has been a Registered Dietitian for 18 years and a Certified Diabetes Educator for 11 years. She has a Bachelor's in Dietetics from Purdue University, a Masters in Wellness & Gerontology from Ball State University, and did her dietetic internship at the University of Iowa.

# Marci Butcher, RD, CDE



Marci Butcher is a Registered Dietitian and Certified Diabetes Educator with 26 years of experience with diabetes education in large and very small settings in Montana. For the past 16 years, she has been coordinating Montana's efforts to increase access to diabetes self-management education with her work for the Montana DPHHS Diabetes Program.

She was on the team that developed the nationally-recognized Montana Cardiovascular Disease and Diabetes Prevention Program, and developed the Diabetes Prevention Community of Interest for the American Association of Diabetes Educators.

She now also serves as a diabetes advisor to Mountain-Pacific Quality Health, the QIN-QIO for Montana, Wyoming, Alaska, and Hawaii. She is passionate about diabetes education, in particular for rural and disparate populations.

# Tracy Carver, MPA



Tracy Carver is the Oregon state lead for Medicare's Everyone with Diabetes Counts initiative and the Integrating Self-Management Education into Patient Care Special Innovation Project.

Prior to joining Acumentra Health, Tracy worked for the Oregon Health Authority and was part of the state team that established the Stanford Chronic Disease Self-Management Program in Oregon. She has more than eight years of experience leading innovative quality improvement and population health initiatives. Tracy's career has focused on working with Oregon communities to design systems that improve chronic disease management and self-management support, address health disparities, and improve medication safety.

She holds a Master of Public Administration degree from Portland State University.

## Please Follow Up



- Please fill out the survey monkey that will pop up at the end of the webinar.
- Suggestions for topics and speakers are appreciated
- Please register as early as possible for sessions so we can anticipate the audience needs.



# Thank you for the help !



- Special thanks to our speakers.
- Thank you to Kathryn Umali and Tom Morris of the Federal Office for Rural Health Policy for your support

# Next Webinar



## Rural Obstetrics in America

May 23<sup>rd</sup>, 2016

3:00 PM ET